

## **Curriculum Vitae**

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**Name: Jason G. Jones, MS, PT, Dip. Osteopractic, Cert. SMT, Cert. DN**

**Office Address: 508 North Acadia Road, Thibodaux., LA 70301**

**Home Address: 303 Cedar Tree Drive, Thibodaux, LA 70301**

**Work Phone: (985) 387-6888**

**Work Email: jjones@pmlcgroup.com**

**Work Fax: (985) 448-0589**

**Place of Birth: Thibodaux, LA**

### **Education**

06/92-05/96	Bachelor of Science in Biology	Nicholls State University
08/97-08/99	Master of Science in Physical Therapy	University of Mobile
2000/2002	Certification in Manual Physical Therapy	University of St. Augustine
2016	Diploma in Osteopractic	Spinal Manipulation Institute

### **Professional Experience**

09/99-11/20	Private practice physical therapy, outpatient orthopedics, functional capacity evaluations, pre-employment screens, work hardening	Daigle Himel Daigle Physical Therapy
09/99-00/00	Credentialed physical therapist, acute care	Thibodaux Regional Medical Center
09/99-00/00	Credentialed contract physical therapist, home health care	Thibodaux Regional Medical Center Home Health
11/02-00/00	Contract physical therapist, long term care	Lafourche Home For the Aged

11/02-Present	Physical therapist, owner	Advance Physical Therapy and Rehabilitation, LLC
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## Organizations and Certifications

Chamber Member of the Year, 2016 Thibodaux Chamber of Commerce  
Lafourche Chamber of Commerce, Excellence in Healthcare award, 2017

American Physical Therapy Association, Member since 1997  
Louisiana Physical Therapy Association, Member since 1999  
Lafourche Education Foundation, Board Member, Past President 2015-2017  
JC Advance Foundation, President/Founder

Louisiana State Board of Physical Therapy Examiners, Licensed Physical Therapist since 1999  
Certification in Spinal Manipulation Therapy  
Certification in Dry Needling  
Certified Ergonomic Specialist  
Certified Weight Trainer  
Certified Lymphedema Specialist  
Certified Ergonomics Assessment Specialist

## Continuing Education

11/19/99-11/21/99	Work Steps	Pre-placement and post-employment testing
11/22/99-11/23/99	Work Steps	Functional capacity evaluation testing
04/01/00-04/02/00	Northeast Seminars	Mulligan concept-mobilization movement, "NAGS", "SNAGS", and more for the upper quadrant
08/24/01-10/26/03	University of St. Augustine	MF1, myofascial manipulation E1, Extremity evaluation and manipulation S1, Introduction to spinal evaluation and manipulation S3, Advanced evaluation and manipulation of craniofacial, cervical, and upper thoracic spine S4, Functional analysis and management of lumbo pelvic hip complex E2, Extremity integration

		S2, Advanced evaluation and manipulation of pelvic, lumbar, and thoracic spine
08/05/02	International Weightlifting Association	Certified weight trainer
08/16/03-08/17/03	American College of Occupational and Environmental Medicine	Occupational care management
10/13/04-10/17/04	American Health Care	Certification in lymphedema therapy
07/08/07-07/09/07	Motivations, Inc.	Pathophysiology and mechanics of the shoulder
08/23/08-08/24/08	Back School of Atlanta	Certified Ergonomics Assessment Specialist
08/14/09-08/15/09	Back School of Atlanta	Functional Capacity Evaluation
11/17/10-12/08/11	Davis PT Network	<p>The Knee: operative and postoperative management of articular disorders</p> <p>The Knee: operative and postoperative management of common sports injuries</p> <p>Drugs used to treat muscle spasm &amp; spasticity</p> <p>General principles of musculoskeletal imaging.</p> <p>Musculoskeletal on physical therapy: radiologic evaluation of the lumbosacral spine and sacroiliac joints</p> <p>Musculoskeletal imaging in physical therapy</p> <p>radiologic evaluation of the knee</p> <p>Postoperative ankle and joint rehabilitation</p> <p>Postoperative management of hip disorders</p>
10/14/11-10/15/11	LWCC	Navigating medical treatment guidelines

01/13	Newton	Certified running coach
02/02/14-02/03/14	American Physical Therapy Association	Examination of the shoulder and knee
08/29/15-8/30/15	Graston Technique	Graston Technique Provider
04/23/16-11/06/16	Spinal Manipulation Institute	<p>SMT-1: high velocity low amplitude thrust manipulation of cervical, thoracic, lumbar, &amp; SI joint</p> <p>DN-1: dry needling for craniofacial, cervicothoracic and UE conditions: an evidence based approach</p> <p>DN-2: dry needling for lumbopelvic and lower extremity conditions: an evidence based approach</p> <p>SMT-2: cervicothoracic dysfunction &amp; cervicothoracic headaches: diagnosis &amp; management with HVLA thrust manipulation &amp; exercise</p> <p>SMT-3: lumbar &amp; sacroiliac dysfunction: diagnosis &amp; management with HLVA thrust manipulation and exercise</p> <p>DD-1: differential diagnosis and multimodal management of upper and lower extremity spine related syndromes</p> <p>EMT-1: upper and lower extremity dysfunction: evaluation and management with HLVA thrust manipulation &amp; exercise</p>